

	WHILE YOU WAIT FOR YOUR RESULTS	IF YOUR RESULT IS NEGATIVE
You're symptomatic	Self-isolate Household members need to: Self-isolate as well.	Self-isolate until you are feeling well Household members: Can stop self-isolating.
You have been told by a positive Case or by the Brant County Health Unit that you are a close/high risk contact	Self-isolate Household members need to: Self-isolate as well, if you are symptomatic.	The Brant County Health Unit will tell you how much longer you and everyone in your household needs to self-isolate. Your 14 days of isolation will be based on the date you were exposed.
You received a notification from the COVID Alert App <i>or</i> You're a low risk contact	Self-isolate Household members need to: Self-monitor and go for testing if symptoms develop.	You and everyone in your household need to self-monitor for symptoms for 14 days from when you received the notification, and should seek re-testing if symptoms develop. Continue physical distancing, wearing a face covering, avoiding closed indoor spaces or crowded places, and washing your hands frequently.

If your result is positive:

- You will be contacted by the Brant County Health Unit. You will be asked for information to help determine who you were in contact with while you may have been contagious or where you may have contracted COVID-19. You will also be advised when you can stop self-isolating.

How to self-isolate:

- Stay home
- Avoid contact with others - keep your distance by at least two metres
- Wash your hands often
- Cover your coughs and sneezes
- Wear a face covering if you cannot maintain a two-metre distance from others

Checking your results:

- Your results can be viewed online: covid-19.ontario.ca.

When to seek medical care:

- If you develop symptoms, contact your healthcare provider or Telehealth Ontario (1-866-797-0000).
- If symptoms become worse, call 911 or present to the nearest emergency department. Please notify them that you have been tested for COVID-19.