

# COVID-19

## Novel Coronavirus

**HELP STOP THE SPREAD OF COVID-19**



**Cover your cough or sneeze with a tissue, then throw the tissue in the garbage and wash your hands.**

**If you do not have a tissue, cough or sneeze into your sleeve or arm.**

It's important to turn to credible sources when you are looking for COVID-19 guidance and information. The Brant County Health Unit website is updated regularly as new information becomes available.