

194 Terrace Hill Street, Brantford, ON N3R 1G7 • 519-753-4937

Recommended vaccines for Ontario adults 50 years and older

Vaccine	Recommended dosage	Free?
Tetanus, Diphtheria	- Booster dose every 10 years	Yes
Whooping Cough (Pertussis)	- 1 lifetime dose as an adult	Yes
Flu (Influenza)	- Every year in the fall	Yes
Invasive Pneumococcal Disease (IPD) e.g. meningitis and blood infections Pneumovax [®] 23	- 1 dose for adults 65 years and older - Adults who meet high risk criteria	- Adults 65 years and older - Adults who meet certain high risk criteria
Pneumonia and IPD Pevnar [®] 13	- 1 dose for adults 65 years and older - Adults who meet high risk criteria Note: -Should be given at least 8 weeks before Pneumovax [®] 23 -If given after Pneumovax [®] 23, wait at least one year before receiving Pevnar [®] 13	- Adults 50 years and older who meet high risk criteria
Shingles (Herpes Zoster)	- 1 dose for adults 60 years and older - May be given to adults 50-59 years old	- Adults 65-70 years old

Talk to your doctor or nurse for more information and to get these and other recommended vaccines.