

Building Blocks
Healthy Eating, Physical Activity, and Oral Health
A Lesson Plan Module for Teachers
Junior Kindergarten – Grade 6

Oral Health
Grade 4
Lesson 5

Lesson 5: Parts of the Tooth

Curriculum Expectations:

- Describe ways to keep teeth healthy

Objectives:

Students will:

- Practise reading
- Practise spelling
- Learn the anatomy of the tooth

Suggested Outline

Section 1: Introduce Today's Lesson

Section 2: Discuss the structure of a tooth

Section 3: Label Parts of the Tooth activity sheet

Section 4: Conclusion

Section 1: Introduce Today's Lesson

Section 2: Discuss the structure of a tooth

Ask the students if they know what a tooth is made out of?

Crown: the top part of the tooth that is above the gum line, used to chew food

Root: the lower portion of the tooth is normally under the gum line; holds the tooth in the jawbone

Enamel: highly mineralized protective coating on the crown of the tooth. It is the hardest surface of the entire body

Dentin: hard inner part of the tooth; similar structure as bone

Pulp: chamber inside the tooth, which contains the nerves and blood vessels

Cementum: hard outer covering of the root of the tooth

Section 3: "Label the Parts of the Tooth" activity sheet

Hand out the activity sheet, Label Parts of the Tooth to the class. With the class, work through the activity sheet, filling in the blanks. Once the activity is completed, students may colour the tooth.

Section 4: Conclusion

Review the parts of the tooth

